



## Girls North Division

### Job Description Head Coaching – Travel Lacrosse

#### **Building Blocks Lacrosse**

Girls North Division  
Florham Park Sports Dome  
76 Passaic Avenue  
Florham Park, New Jersey

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**Contact:** Maria Grant - Director North Girls Lacrosse Program – mariag@bblax.com

**Building Blocks Lacrosse – Girls North Division** is seeking a qualified candidate to coach and lead a girls travel team, who is passionate about the game of lacrosse, and dedicated to the development of lacrosse athletes, helping them to reach their full potential.

#### **Responsibilities**

- Lead and coach a girls lacrosse travel team.
- Develop individual goals for athletes and the team.
- Plan and execute individual and team practice plans.
- Teach lacrosse skills, tactics, strategies, and techniques.
- Manage and lead team practices and games.
- Motivate girls to reach their potential.
- Strong communication skills to effectively interact with athletes.
- Teach and adhere to good standards of sportsmanship.
- Provide instruction and guidance to athletes to improve their skills and performance.
- Monitor the progress of athletes and provide feedback for improvement.
- Create a positive and supportive team environment.
- Ensure the safety of athletes during training sessions and competitions.

#### **Job Requirements & Experience**

- Prior lacrosse playing and/or coaching experience.
- Understand the rules of the game.
- Travel requirements for tournaments.
- Knowledge of skills, strategies and tactics associated with lacrosse.
- Strong interpersonal and communication skills.
- Ability to work and teach effectively with athletes.

**Salary:** Commensurate with experience.